

can reach anything I put my mind to, and I know that with their advice and my hard dedication I can get very far in life. Hispanics are people who never give up when it comes to accomplishing their life goals and will face sacrifices and have dedication to reach their goals and persuade others to do the same.

Hispanic Heritage may fade away in families who move to live in the United States and adopt another culture. As a Hispanic, I consider it my duty to make sure that my heritage is not forgotten. As my parents have done with our family, I will ensure that our heritage is protected for generations by telling others about our traditions and customs. When I have a family of my own I will tell them all the memorable stories my parents told me about our family traditions. I will continue to use traditions, such as the piñatas, language, posadas, dances, and foods, to keep the Hispanic heritage alive in my life and inculcate those values to my descendants.

As a proud Hispanic I will never forget where my family's roots initiated. Even though I live in a different country with a different type of life and traditions, my Hispanic heritage will always remain in my memories and deep in my heart.

IN RECOGNITION OF THE FIRST
SERGEANT JAMES A. KEATING
MEMORIAL

HON. WILLIAM R. KEATING

OF MASSACHUSETTS
IN THE HOUSE OF REPRESENTATIVES

Monday, December 2, 2013

Mr. KEATING. Mr. Speaker, I rise today to recognize the dedication of the First Sergeant James A. Keating Memorial Monument in Sharon, Massachusetts.

I was never fortunate enough to meet my uncle, Sergeant James Keating, as he was killed in the line of duty while bravely fighting for our country in World War II. A Silver Star recipient, Sergeant Keating was a man I greatly admired growing up, and his memory lived on in our family as a true example of what it means to serve one's country.

As a Member of Congress, I believe one of my most important responsibilities is to honor the men and women who have given so much to ensure our freedom. I am thankful for the countless individuals who have served the United States, and for the people who work every day in order to honor our veterans and active-duty servicemen.

Mr. Speaker, please join me in recognizing the dedication of the First Sergeant James A. Keating Memorial Monument in Sharon, Massachusetts. I ask that my colleagues join me in this recognition, and in honoring all of the men and women who have given so much in service to the United States of America.

RECOGNIZING VARSITY BRANDS
AND THE SERVICE OF FLORIDA'S
YOUTH ON NATIONAL SCHOOL
SPIRIT DAY

HON. DANIEL WEBSTER

OF FLORIDA
IN THE HOUSE OF REPRESENTATIVES

Monday, December 2, 2013

Mr. WEBSTER of Florida. Mr. Speaker, I am pleased to recognize Varsity Brands and the

service of Florida's youth on National School Spirit Day. In 2009, Varsity Brands designated the second Friday of October as National School Spirit Day to showcase the differences cheerleaders and dancers make in their schools and communities—as mentors, community service leaders, and positive role models.

Varsity Brands, which holds the Universal Cheerleading Association's (UCA's) National Championships and the International All Star Championship at Walt Disney World Resort in Orlando, Florida, has encouraged school cheerleaders and dancers to take part in community service activities, pledging more than 465,000 community service hours since 2009.

In conjunction with National School Spirit Day on October 11, 2013, Varsity Brands launched Cheer for a Healthier America, a program aimed to enlist high school student cheerleaders, dancers, and student athletes as ambassadors to get local elementary school kids more involved in physical activities and teach them about making healthy choices.

On behalf of the citizens of Central Florida, I applaud the service of Florida's youth and Varsity Brands in conjunction with National School Spirit Day. May their example of sportsmanship and community inspire others to follow in their footsteps.

RECOGNIZING NEAL INGALLS
SANDERS FOR HIS 33 YEARS OF
SERVICE TO THE OPEN DOOR
COMMUNITY HEALTH CENTERS

HON. JARED HUFFMAN

OF CALIFORNIA
IN THE HOUSE OF REPRESENTATIVES

Monday, December 2, 2013

Mr. HUFFMAN. Mr. Speaker, I rise to recognize Neal Sanders for his 33 years of faithful service on the Board of Directors of the Open Door Community Health Centers.

Originally from Covina, California, Neal Sanders has demonstrated a life-long commitment to community service, including a successful career as one of the most highly respected and desired criminal defense attorneys of Humboldt County. A graduate of California Western in San Diego, he earned his Bachelor of Arts degree followed by his Juris Doctorate at McGeorge School of Law in Sacramento. Neal Sanders is a member of the California State Bar, lifetime member of the Traynor Society, and recipient of the American Jurisprudence Award. His passion for helping others extends beyond his career to his roles as former chair and commissioner of the Human Rights Commission, former board member of the Humboldt Arts Council, former board member and chair of Redwood Legal Assistance, and current board member of the Open Door Community Health Centers.

When Neal Sanders joined the Open Door Board of Directors in 1980, he joined an organization committed to expanding access to quality health care on California's north coast, regardless of age, income, or ability to pay. Through 33 years of unprecedented growth, he has served in a variety of positions including chair of the board. Neal Sanders helped guide Open Door from a small storefront operation to being the largest primary care provider in Northern California. He was instru-

mental in securing the USDA loan that helped build the Humboldt Open Door Clinic in Arcata—the first fully functional health center in the Open Door system. Neal Sanders continues to share his time, talent and commitment as an active board member and leader in health care access for all residents of the north coast.

Mr. Speaker, Neal Ingall Sanders' dedication to serving his community, and specifically his decades of service to the Open Door Community Health Centers, is commendable and worthy of recognition. I urge my colleagues to join me in recognition of his many contributions to the people of Northern California.

RECOGNIZING ROUND LAKE AREA
AMERICAN LEGION POST 1170
AND HONORING EDGAR AND
ERIK GARCIA FOR ORGANIZING
ITS RENOVATION

HON. BRADLEY S. SCHNEIDER

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Monday, December 2, 2013

Mr. SCHNEIDER. Mr. Speaker, I rise today to honor the inspiring story of Erik and Edgar Garcia's plans to renovate the Round Lake Area American Legion Post 1170 in my district.

Post 1170 was beginning to show its age. The walls, the floors, the chairs, the lights—serious renovation was needed. The veterans who fill its halls deserved better.

Two young, enterprising brothers from Boy Scout Troop 275 decided they would lead it. With the help of Troop Leader Paul Socha, Commander Steven Hall and their fellow scouts, Erik and Edgar designed their plan and organized the support they needed. But, willing as they all were to do the work, they still needed supplies—lots of supplies.

That's where the local Home Depot came in.

With donated materials and gift cards, Home Depot single-handedly covered 90 percent of the total cost. More importantly when the time came to start the work, 30 Home Depot employees pitched in to help with the labor.

Finally, with the supplies fully paid for and the tremendous outpouring of support from the community, Erik and Edgar's plan was not only off the ground, but soaring. Today, Post 1170 is bright and brand new. The turnaround is remarkable, though not surprising given the vision, dedication and hard work shown by Erik and Edgar and their fellow scouts.

Mr. Speaker, I am immensely proud of what our community was able to do together. They rallied behind Troop 275, and the results are nothing short of remarkable.

Mr. Speaker, this is an inspiring story and another example of why our communities in Illinois's Tenth District are so close and so strong.